

Support highlights

We've collated links to some of our core resources into this one-stop guide. These highlighted resources will enable you to get up to speed quickly in the classroom and support your students in preparing for assessment. They include materials that will focus your teaching on individual abilities of students, help determine their capabilities and above all save you time. Many more resources are available from the [OCR website](#).

Topic Exploration Packs

[View all our topic exploration packs](#)

Series of PowerPoints covering all of content for components 01, 02 and 03, which can be used off the shelf with students. Also, contain links diagrams and images which make them student friendly and could be used for home schooling as well.

Delivery guides

[Download our delivery guides](#)

A selection of learning activities (with teacher guidance) that a teacher could set learners in the classroom or as home learning tasks covering the following content:

01 Physiological Factors affecting performance

- Energy for Exercise

02 – Psychological factors affecting performance

- Skills acquisition
- Sports psychology
- Motivation
- Arousal
- Anxiety
- Aggression
- Social facilitation

03 – Socio-cultural issues in physical activity and sport

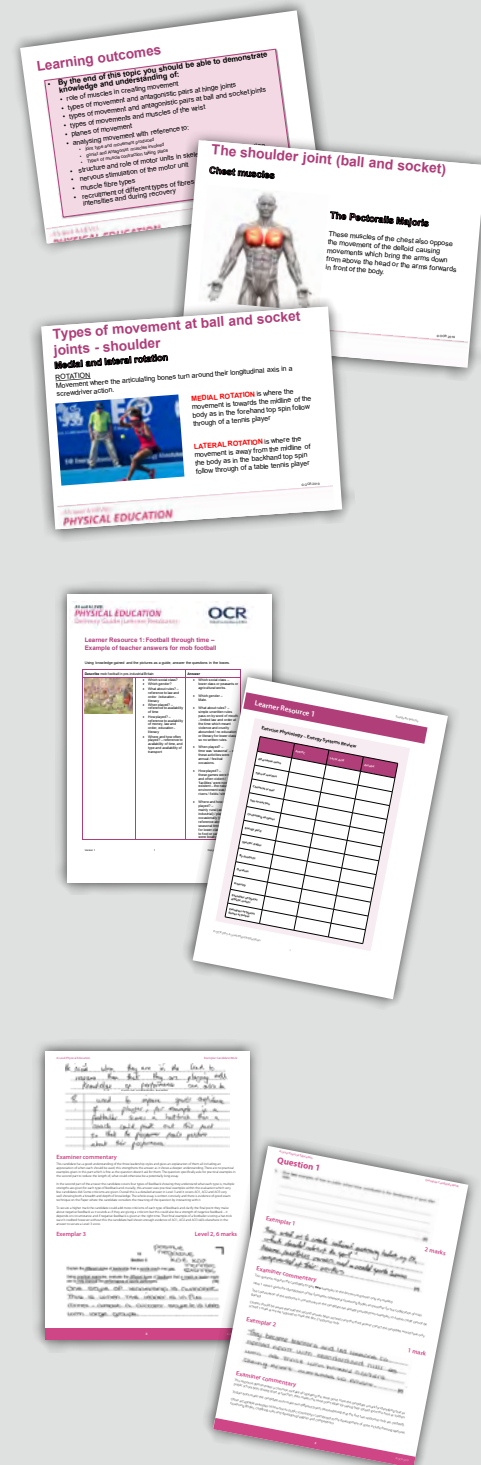
- Emergence and evolution of modern sport

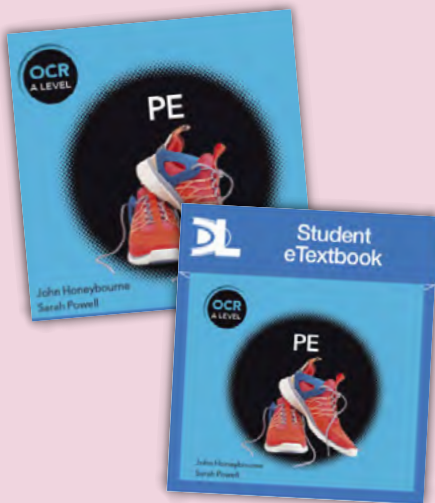
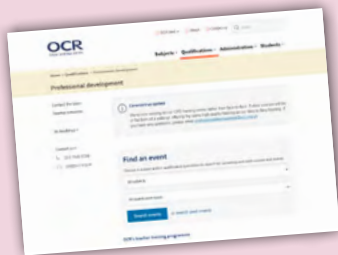
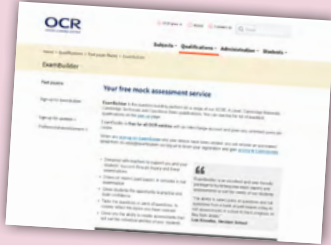
Candidate exemplars

[Download the notes on the large data set.](#)

Exemplar answers from the 01, 02 and 03 component exams and audio recordings and transcripts of candidates EAPI responses from the 2018 and 2019 series. All including moderator commentaries outlining the reasons why candidates have received specific marks and what they could do to achieve a higher mark.

Important changes to the EAPI task were made in September 2021 for first assessment 2022. These exemplars are based on the task requirements before the changes were introduced. For more information please read the [Subject Information Update](#).





New resources to support you

ExamBuilder

[ExamBuilder](#) is the question-building platform for a range of our GCSE, A Level, Cambridge Nationals, Cambridge Technicals and Functional Skills qualifications. You can see the full list of available qualifications on the sign up page.

ExamBuilder is free for all OCR centres with an Interchange account and gives you unlimited users per centre.

NEA guidance

Access a variety of resources for guidance on NEA assessment.

[Guidance on filming for A Level PE NEA](#)

Assessment materials

Access past papers, mark schemes and examiners' reports from the [OCR website](#).

OCR Train

Exemplar materials that will help build confidence in delivering, marking and administering internal assessment. Including commentary relating to the updated EAPI in regards to content and assessment.

Professional Development

Understanding the Assessment: Bringing your questions to the subject advisors AS/A Level and GCSE Physical Education (Online Q&A)

This online course allows you to bring along your AS/A Level and GCSE Physical Education questions to get answered by the Subject Advisors.

Find an event

See our range of professional development courses using the '[Find an event](#)' search tool.

We're now running all our CPD training online rather than face-to-face. Future courses will be in the form of a webinar, offering the same high-quality training as our face-to-face training. If you have any questions, please email professionaldevelopment@ocr.org.uk

Publisher materials

Hodder Education

[OCR A Level PE \(Year 1 and 2\)](#)

Boost confidence with our all-in-one textbook for OCR A Level Physical Education. This updated and accessible textbook combines Year 1 and 2 content with brand-new assessment material to provide students with comprehensive support for both the academic and practical elements of the course.

Price £39.99

Also available as an eTextbook

[OCR A Level PE \(Year 1 and Year 2\) Student eTextbook](#)

Student eTextbooks are downloadable versions of the printed textbook, available via Dynamic Learning. 30-day free trial.

ZigZag Education

[Course Companion for OCR A Level PE: As & A Level \(Year 1\)](#)

These clear and comprehensive course notes for AS and A Level (Year 1) PE have been written in a student-friendly language and organised in specification order. Includes a topic overview page, accessible notes, end-of-topic consolidation questions and thought-provoking visual images and diagrams.

Publisher materials (Continued)

PE Focus

[Teacher Resources](#)

PowerPoint Summaries

Topic Summaries. These cover essential theory knowledge of each topic area in an attractive and appealing format. Both the layout and writing style are clear and logical with carefully chosen and stimulating pictures. For teachers - colourful, custom animated slides, ideal for presenting new work and summing up. For students - a clear set of PDF files with blanks to 'fill in' and keep as a workbook for each area. Each Summary has approximately 58 slides and is supplied electronically.

Teacher Resource files

Each TRF is approximately 200 pages of high quality A4 photocopiable materials that are instantly useable in the classroom. Each resource includes a full glossary of key terms and topic checklists, along with a wealth of varied worksheets and self-starting, plenary and homework activities such as quizzes, puzzles and extension tasks. Carefully designed to be 100% relevant and engaging, and with all levels of ability in mind.

Keep connected

[Sign up](#) for updates to ensure you hear first regarding any changes, updates and additions to the support package.

Get in touch



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